



Together
an Active
Future
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Youth Leadership Academy



**Empowering today's young people
to grow into tomorrow's leaders**

Creating a happy, healthy childhood experience

The Youth Leadership Academy is an opportunity, for young people aged 14 -19 years old, to develop leadership skills through positive experiences of sport, physical activity and movement.

What will the programme include?

Through a range of exciting activities including: archery, horse-riding, raft-building and more, young people will learn:

- Leadership skills, *following undertaking the online Clifton Strengths assessment*
- Teamwork and collaboration
- Communication skills
- Resilience and confidence
- Emotional intelligence
- Problem-solving and decision-making
- Reflection and personal development

What we ask of participants

- A commitment to attend all training sessions to be held on 12 Sept, 26 Sept, 26 Oct, 7 Nov, 5 Dec, 16 Jan & 10 April.
- Willingness to embrace and actively engage in all the sessions.
- Desire to support your Madrassah to increase physical activity opportunities.
- Parents must provide transport to the planned location(s).

For more info visit www.taaf.co.uk
or email s.solkar@activelancashire.org.uk



Register here!

