



Cycles of learning and action

There are appropriate methods in place to learn from experience and, over time, improve place-based working to address physical inactivity.

Physical inactivity inequalities are the result of multiple interacting influences, which makes it difficult to understand cause and effect in simple terms. We have to accept that some degree of uncertainty and partial knowledge. We can, however, build better understanding of how particular actions and ideas work and the contexts in which they typically do or do not. Gathering and apply this information can provide 'decision support' to guide future actions in context.

