



Capacity and capability across the workforce, volunteers and in communities

Action to develop capacity and capability across the workforce, volunteers, and communities to work in a place-based systemic approach to enable physical activity.

Specific skill sets and attributes are needed to for this type of responsive working. (E.g. to identify barriers and enablers, distribute leadership and collaborate). These skill sets and attributes are not inherently present amongst the existing workforce, volunteers, and communities. Alternative skill sets and attributes can actively block progress. Strategies for building capacity and capability, tailored to the local context, can increase competence and motivation to act in ways which are conducive to tackling physical activity inequalities.