



Together
an Active
Future
»»»»»

Female Leadership Academy



Empowering Madrassah Principals, Leaders and
teachers to make small changes with big impacts

Creating a happy, healthy childhood experience

We will positively engage with Madrassah leaders, principals and teachers, to support them with opportunities to embed sport, physical activity and movement in to the heart of their settings.

What is Active Madrassahs?

This is an initiative designed by the Madrassah Leaders to shape the way to increase movement in madrassahs whether it is through the Sunnah sports, football, cricket and active learning.

Working collaboratively and increasing capacity and skills within Madrassahs, we aim to embed physical activity around the curriculum to positively engage children and young people in their every day lives and lead to increased attainment and achievement.

The Active Madrassah Framework has been co-designed by Madrassah Principals, teachers and leaders.



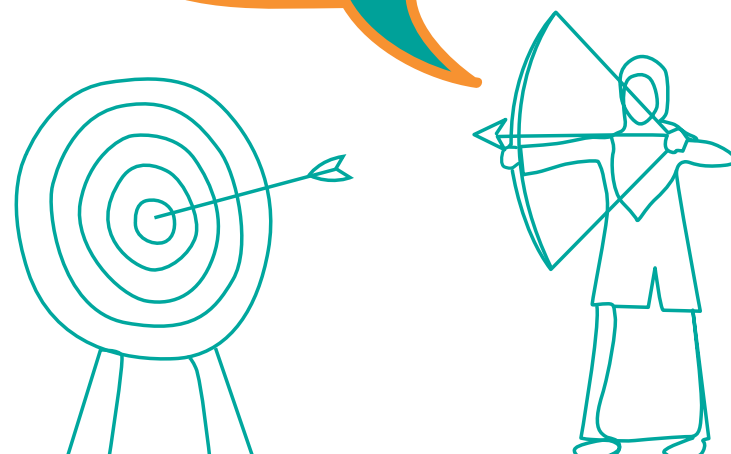
The Framework helps to shape our approach and allows the madrassahs to identify the best support for their needs.

How is Active Madrassahs funded?

Active Madrassahs is a fully Exchequer funded work stream of Together an Active Future (TaAF).

TaAF is a collective of people from different organisations and backgrounds who come together to change the way things work. We work with partners, in systems and places to make being more active easier for everyone. Our work is built on the core belief that change in behaviours of system partners, leads to sustainable change in places.

Find out more about TaAF at www.taaf.co.uk



Together
an Active
Future
»»»»

The Active Madrassah Female Leadership Academy is a unique skills enhancement programme, designed for female teachers who make a significant impact on the lives of children and young people every day.

This Academy is an investment in personal and professional development, focusing on strengths and leadership styles.

What will the programme include?

A diary/journal of training and development days across the year

Applied learning opportunities through visiting other active schools

Access to strengths-based leadership development through one to one follow up coaching sessions

Support to develop a story of significant change

Active Madrassah Accreditation

Provide Active Learning training

Access to the strength-based assessment tool Clifton Strengths and the opportunity to learn how to maximise strengths through one-to-one coaching sessions with a certified coach.

What we ask of you:

- A commitment for the teacher to attend all the training dates and workshops
- Creation of an action plan and implementation of a project that will aim to increase physical activity levels of children and young people
- Creation of a 'Story of Significant Change'
- A commitment to evaluate the project through Ripple Effect Mapping



For your Young People

Feeling happier and healthier
enjoying learning
having fun

For your Madrassah:

Sustainable implementation of physical activity sports, play and movement leading to increased engagement, attainment, achievement and enjoyment.

For the Teacher:

Developing leadership skills and feeling more confident and competent to lead change in their Madrassah. Awareness of their unique strengths and how a strengths-based approach can help them become an effective leader.

Understanding the best approach for your Madarssah setting

Programme
outcomes



Next Steps for the Active Madrassah Journey



Understand the reasons to get involved and what you want to achieve

Before signing up, consider why you want to engage and what you want to achieve.



Staff engagement

In addition to having a member of staff on board, encourage as many other staff members to get involved and advocate the Active Madrassah learnings. This helps raise the profile and reduces the pressure and responsibility on one person.



Changes for sustainability

Focus on making small steps that count towards the bigger picture and are sustainable.



Networking opportunities

Includes workshops and collaboration with national governing bodies and other organisations.



Individual school journey

Remember that every Madrassah is on their own journey. The goal is to go from nothing to something and something to more.

To find out more, please email the Active Madrassah Lead, Sumaiyah

ssolkar@activelancashire.org.uk



www.taaf.co.uk



Together
an Active
Future
»»»»