

Madni Da'wah Academy

Increased Opportunities for Being Active

Together
an Active
Future



Setting the scene for our Madrassah

Why I Chose to Make a Change in Our Madrassah:

I chose to make changes in the Madrassah because I saw an opportunity to make a meaningful and positive impact on the children's lives.

I strongly believe that being active is an essential part of a healthy and balanced lifestyle. If I can help our students experience that through their time at our Madrassah, I am committed to doing so.

What changed?

- Implementing active learning in the Madrassah.
- Introducing new sport and play opportunities.
- Adding in active breaks.

How did I change it?

- I conducted research and participated in various activities, workshops, and sessions with Active Madrassahs that expanded my knowledge and understanding. This helped me **develop new skills**, which I then applied to implement active learning.
- I involved our staff in the **multi-skills training**, ensuring they understood the changes and their benefits.
- Some also received specialist training to become **qualified archery and cricket instructors**.

Relationship Building

Doing Things Differently

Connecting

Investing in Strengths

Brave Leadership

Learning Together

Outcomes

The Madrassah students are really happy with the changes and truly enjoy their time here - many arrive early and others like to stay late, whether it's to keep learning, spend time with friends, or enjoy a game of football together.

What next?

Once the outdoor space is open, it will be available for the children to enjoy. Students will have the option to arrive earlier or stay slightly later to make use of the area. Teachers will also be able to take their classes outside for short breaks or use outdoor time as an incentive to encourage good behaviour. This space will provide additional opportunities for physical activity in a safe and supportive environment.



I really enjoy
Madrassah and like
coming extra early so I
can have more time to
play with my friends!
Student at MDA

All of the opportunities the
Madrassah children have
been given for sports and play
has been amazing and has
made the children really
happy!

Staff member at MDA



The Change in me

The program didn't just help me build my leadership skills - it surrounded me with an inspiring community of women who showed me that leadership can take many shapes, including my own. We opened up about our journeys, shared our challenges, and celebrated our wins. In those moments, I felt a deep sense of connection and realised I wasn't walking this path alone. That shared strength left me feeling supported, understood, and truly empowered.