

Clitheroe Madrassah

Active Curriculum and Active Breaks

Together
an Active
Future
» » »



Setting the scene for our Madrassah

Why we made changes in our Madrassah:

- Children were struggling to concentrate and maintain focus and engagement.
- Progress and attainment was slow, children's energy levels were low.
- Children were lacking the motivation to learn, which then had an effect on their behaviour.
- Increasing levels of SEND

Making Learning Fun!

Our goal was to always make Madrassah fun and rewarding for the children. We were still looking for ideas on how to achieve this as we were appointed the role of managing Clitheroe Madrassah not long before we joined the Active Madrassah programme.

Supporting 60 minutes activity per day

UK guidance is that children should be moving for 60 minutes per day, schools aim to keep children active for 30 minutes per day. The other 30 minutes should be in the evening, but our children are in Madrassah in the evenings, this can limit opportunities for their movement.

What changed?

- We started by introducing **active breaks** using the kit bag.
- We implemented a more **active curriculum**.
- We also were able to provide new opportunities for **Sunnah sports**.

How did we change it?

- We altered the timings of lessons to accommodate an active break.
- Teachers did the Active Learning Training, which helped with having more ideas to making adjustments to the lessons.
- We did the archery and wrestling instructor training, soccersize and multi skills training.
- We encouraged the parents on board by holding a parents evening and assembly to explain the benefits of the changes.

The key enablers:

- ✓ Relationship Building
- ✓ Doing Things Differently
- ✓ Connecting
- ✓ Investing in Strengths
- ✓ Brave Leadership

✓ Learning Together

Outcomes

- Children were happier and having fun, children were **remembering more**.
- Children were motivating each other.
- Teachers felt their **job was easier** and parents also noticed changes.

What next?

- We hope to provide more sports and movement activities for the children.
- We will continue to develop in our training to be able to sustain the changes and maintain the momentum by varying sport and play opportunities.



"We love Madrassah, it's so much more fun than school! We wish we could come to Madrassah in the holidays and on the weekend."
Student at Clitheroe Madrassah

"We don't need to worry about discipline anymore, the children just get on with learning and are so happy!"
Teacher at Clitheroe Madrassah

The Change in me

Being a part of the Female Leadership Academy has helped me to have a better understanding of myself and of others, including students, parents and other staff.

It has also helped with networking with other Madrassah's, working together and learning from each other.

