

Integrating purposeful movement across the whole school

Water Primary School, Rossendale

Together
an Active
Future
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What changed?

- Policy** PE policy was adapted to establish active lessons as a mandatory requirement. Staff were informed of the changes.
- Monitoring of active lessons** Lessons are assessed and monitored through learning walks to establish whether staff are effectively planning, delivering and implementing movement into lessons.
- Staff training** Staff have undertaken active learning training to understand how they can integrate purposeful movement into learning.
- Resources** Investing in new and different resources, including Tagtivity8 and Now Press Play.
- Brain Breaks** As movement is being embedded into learning, there is less reliance on brain breaks as a way of breaking up sitting time.

What led to the change?

Leadership and PE Lead Change

New headteacher at the school with a new PE lead, both wanted to ensure lessons were more active and engaging for all children.

Pupil Voice

Pupil voice allowed us to see where we can improve.

Relationship Building

Teachers had to adapt lessons in ways which were different for them. We have had to build trust as not all staff were on board.

Outcomes

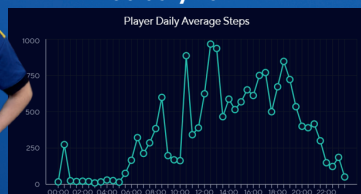
- ✓ **Children enjoy and are engaged in learning**
- ✓ **Staff who were reluctant to change, now deliver active lessons throughout the curriculum**
- ✓ **Children are a lot happier in school which is monitored via a mood tracker**
- ✓ **Activity increased as a result of Active Learning**

Active learning has had a significant impact on our school. The children are happier, more prepared to learn, and actively engaged in all their lessons. When observing teachers who implement active learning methods, it has become evident that the students are enjoying their learning experiences.
Lizzy, Headteacher

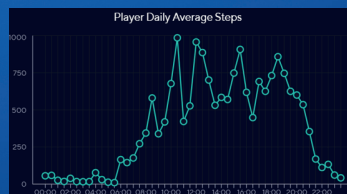
I like active learning because it gets our brains ready and we get to talk to different people not just the same ones. I find it boring sitting down for a long time so when I am being active I am enjoying school more.
Mollie and Joshua, Year 6

Playtimes and lunchtimes are much more organised now, with a range of activities for everyone to get involved in.
Viola, Year 5 pupil

February 2024



June 2024



What next?

- Investment in OPAL play to transform outdoor spaces
- Physical Activity Policy - Plan to write a physical activity policy alongside our existing PE policy



For more information visit:
www.taaf.co.uk/active-schools

