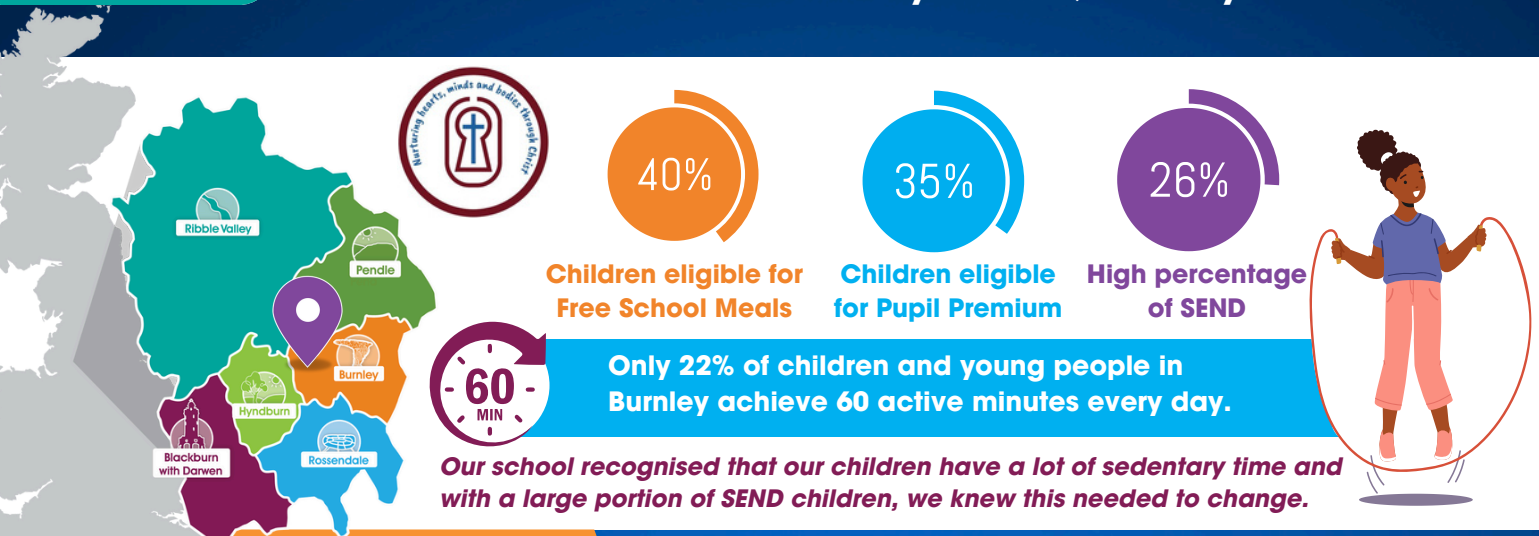


Including movement in the classroom to reduce sitting time!

St Leonards C of E Primary School, Burnley



What changed?

- The implementation of Active Learning across whole school.
- Teaching practice has changed to incorporate movement into curriculum lessons.

What led to the change?

Creating a small team of allies in school

A small team across the school who were firm believers in active schools and movement helped to adopt active learning strategies.

Supportive Senior Leadership Team

The senior leadership team were on board from the beginning and recognised the importance of movement for children.

Whole School Staff Meeting on Active Learning

The staff meeting included practical ideas for movement and sharing of resources. Staff were up and moving and went away with ideas.

My teacher does lots of active learning in our lesson. We get to move around, and it makes learning fun and exciting.
Year 2 Girl

I love our tough ten lessons. Having to scavenger hunt to find the questions to answer is great fun!
Year 5 Boy

Instead of being sat at my table, I can work in more comfortable positions and it has helped me to concentrate better.
Year 6 Boy

Outcomes

✓ Doing Things Differently

✓ Brave Leadership

Children

- Children are more active in the classroom and are excited to learn through movement.
- Children are more aware of when they are losing concentration and have the freedom and permission to move to re-focus.

Positive Response from Staff

- Teachers are enthused and are keen to implement active learning strategies in their classes.
- Wider school staff understand the concept of becoming an active school through attending wider development opportunities.

Expectation on Subject Leader's Policies

- A reduction of sitting time is being built into subject leader policies.

What next?

Active Learning embedded across the Whole School

- To ensure ALL teachers incorporate active learning into the curriculum as often as possible.
- Create a bank of resources for active learning to support teachers across all year groups.

Outdoor Spaces

- Develop an active playground.
- Use previously collected pupil voice responses to re-design playtime opportunities.

