



**Together
an Active
Future**



Ready, Set, Move...More! Accreditation





Placing physical activity and well-being at the heart of the school ethos.

The Ready Set Move Accreditation acknowledges and rewards good practice for schools who are demonstrating a commitment to the development and implementation of physical activity opportunities for their young people.

The accreditation has four levels and is designed to be progressively developmental, reflecting the stage that the school is at in their physical activity journey.

1. Ready!

2. Ready Set!

3. Ready Set Move!

4. Ready Set Move More!

What level should I apply for?

Schools should take the time to check the criteria of each level and ensure that they meet the criteria and can provide the evidence for their application.

Schools can apply for levels 1 to 3 at any point. To achieve level 4, 'Ready Set Move More!' a school must first apply for and achieve level 3. Once this has been verified, schools will be invited to apply for level 4. This level is valid for two years, on expiry of this level, schools should reapply.



How to Apply

School should apply through our web page via an online form. www.taaf.co.uk/active-schools

Schools are able to apply for the accreditation at any time point throughout the academic year and can re-apply for next level when they feel significant progress has been made and achieved. Due to the nature of embedding culture change and policy change we do not envisage a school achieving more than two accreditation levels within an academic year.

Once the application has been submitted, and evidence uploaded, a member of the Ready Set Move Active Schools Network will start the verification process.

On successful completion, the school will receive their accreditation rewards to use and display within their school.



The following pages detail criteria for all levels of accreditation. It will allow you to understand what evidence is required at each level.

Ready!

*The school acknowledges the importance of physical activity (PA) and has pledged their commitment to making daily physical activity a priority for their children. The school are **ready** to begin their journey to becoming an active school.*

Criteria	Evidence	Teacher Notes
The headteacher and senior leadership team have identified a need for children to move more across whole school and have a vision for their school to become an active setting.	This will be an open text box for you to complete. You will need to tell us a little bit about your reasons why being an active school is important for you and what impact this will have on your children.	
The school have an understanding of the Chief Medical Officer's guidelines for daily physical activity.	This will be a drop down yes/no box. "We understand that children should be active for 60 minutes a day. As a school, we know we have a part to play in providing around 30 minutes of this."	
Children have access to some provision that enables/encourages them to be active throughout the school day.	This will be an open text box for you to complete. You will need to tell us about your current physical activity offer and upload evidence. For example: Extra Curricular Timetable, photos of play, EYFS provision or School Games Calendar.	

Ready Set!

The school has identified and **set** priorities. They have begun to implement changes that provide more opportunities for all children to move more throughout the school day.

Criteria	Evidence	Teacher Notes
Schools should also be able to demonstrate that they meet the criteria for 'Ready'		
The school have identified and set a number of annual priorities that will enable children to move more throughout the school day.	This will be an open text box for you to complete. You will be required to upload evidence. You will need to tell us about your priorities for the school year in relation to physical activity and wellbeing. For example: CAS toolkit, World Health Organisation - Active Schools Toolkit, school specific action plans with a physical activity focus.	
The school have identified where 'movement opportunities can take place' across the school day.	You will be required to upload evidence. Download here. Map your school day, using the template provided can help. This will show which parts/lessons of your day are active (red) and those where there is potential to create more movement (blue).	
Physical activity is a whole school responsibility. There is a lead practitioner in place to champion a positive physical activity culture across the school.	This will be a drop down yes/no box.	
There is a commitment to promote and provide physical activity opportunities and this has been shared with stakeholders.	This will be an open text box for you to complete. You will need to tell us about how you are promoting physical activity to your school community including staff, children, governors, parents/carers.	
The school have updated their PE policy to include physical activity or the school have a standalone physical activity policy.	Please upload policy document highlighting your reference to physical activity.	

Ready Set Move!

The school is **moving** towards long-term change to practice and policy that will enable children to **move** more. These changes are embedded across the whole school day.

Criteria	Evidence	Teacher Notes
Schools should also be able to demonstrate that they meet the criteria for 'Ready' and 'Ready Set!'		
The school has a whole-school vision statement for physical activity and wellbeing and it is well communicated across the school community.	This will be an open text box for you to complete. You will be required to upload evidence.	
Senior leaders drive intent and implementation. Monitoring is in place to demonstrate the impact physical activity and movement is having on whole school priorities.	This will be an open text box for you to complete. You will be required to upload evidence. You will need to tell us how you plan to implement and monitor the impact of physical activity and movement across the day. For example: SIP/SDP, action plans, impact reports.	
The school are investing resources into staff development which focus on delivering physical activity across the school day.	This will be an open text box for you to complete. You will be required to upload evidence. You will need to tell us a little bit about how you are supporting school professional development. This could include specific examples of any staff training and development days and any resource that has been committed to this. For example: training calendar, budget reports.	
The school physical activity lead has identified key members of staff who are supporting the vision and mission for positive change.	This will be an open text box for you to complete. You will need to tell us about the in-school team who is supporting and championing change.	

Ready Set Move! Continued...

Criteria	Evidence	Teacher Notes
Key stakeholders have been consulted and have been involved in the co-creation and design of physical activity opportunities.	This will be an open text box for you to complete. You will be required to upload evidence. You will be required to tell us about how you are capturing and using pupil voice. For example: survey or insight results.	
The school is able to demonstrate that they have implemented at least one policy change across different areas of school 'active policies'.	This will be an open text box for you to complete. You will be required to upload evidence. You will need to evidence at least one policy change. For example: Uniform policy – active footwear or active uniform, play policy teaching and learning policy showing how active learning is being integrated.	
The school have explored how to maximise their whole school environment, including indoor and outdoor space, to prioritise physical activity opportunities.	This will be an open text box for you to complete. You will be required to upload evidence. For example: photographs, audits.	

Ready Set Move More!

*The school has a strong physical activity culture. The school commit to invest **more** time and **more** resource into physical activity as a whole school priority.*

Criteria	Evidence	Teacher Notes
Schools should have been awarded the 'Ready Set Move' accreditation before applying for this level.		
All school stakeholders are able to articulate the school's vision for physical activity.	Congratulations! You are almost a 'Ready Set Move More!' School! You now need to submit a statement explaining how you are embedding physical activity across the whole school. You should also include how you are making any change sustainable in the event of change to leadership team. Please reference the key criteria listed and provide any relevant examples, these could be supported by photos, videos and/ or testimonials from a variety of stakeholders. Verification for this level will include a short school visit from an Active School Lead.	
Schools continue to develop and implement 'active policies' to support their vision and culture.		
Schools have robust mechanisms in place to monitor and evaluate that 'active practice' is being followed by all staff in line with key active policies.		
Schools have a long-term action plan in place so they are able to continue to drive positive culture.		
All school stakeholders demonstrate positive physical activity behaviour and are vocal advocates of physical activity and talk passionately about it and its benefits.		
Physical activity is included as part of every school day for all children through active learning and integrated purposeful movement.		
The school stakeholders understand the concept of physical literacy and embed the principles of this into the design of any physical activity, PE and sport opportunities they provide to their children.		