

To implement purposeful movement throughout the school day

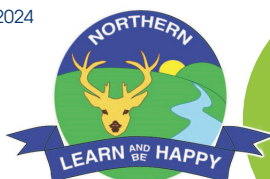
Northern Primary School, Bacup

Together
an Active
Future



About us

October 2024



44%

of children are not meeting guidelines of taking part in 60 minutes of physical activity per day

164
Pupils on roll

26%
Pupil Premium

15%
SEND



Unforeseen staff disruptions created challenges in maintaining consistent active learning.

What changed?

Practice

Active elements have been introduced into lessons and the continued use of a variety of energisers provides children with brain breaks and helps them to regain focus

Policy

To help support the needs of all pupils we have incorporated purposeful movement throughout the curriculum into our school improvement plan so that it becomes an embedded part of our school curriculum

Opportunities

Staff within school have taken a more informed approach, thoughtfully planning active elements into their lessons. This includes active starters and energisers, as well as more active activities to support learning

What led to the change?

Listening to the children

Many children expressed that they found learning boring and often lost focus due to being inactive for long periods of time. They thought that being active was only for PE lessons. Many children said they would enjoy learning better if they could move more in the classroom.



Learning Together

Staff received CPD on how they can include purposeful movement in their lessons. Through this they were made aware about Move and Learn approaches and activities linked to their subject area.

Brave Leadership

Expressing the needs to stakeholders (to involve more movement through the curriculum and make active learning consistent in all years groups), supporting the development of children holistically, improving focus and supporting behaviour management.

Pupils are now aware that being active is not just for PE

We are active when we complete Maths and English starters. They make it fun!
Year 2 pupil

Moving in the classroom makes me feel good and gives my brain a rest
Year 6 pupil

Being outside makes learning more fun!
Reception pupil

It is supporting my SEN children to take part compared to previous approaches
Miss Stott - Year 4 teacher

The children in my class are loving learning using the active starters and are excited to join in.
Miss Murray
Year 2 teacher

Staff have noticed positive changes in children's engagement and focus



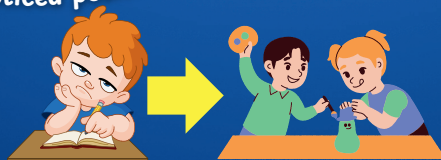
What next?

Educate - Other stakeholders including governors and parents

Active Learning Policy - Create and embed a clear active learning policy to create consistency across the curriculum

Further support staff - Provided further CPD to support staff in implementing purposeful movement

Monitoring - Continue to monitor implementation of active learning across the curriculum to support and meet the needs of all learners



Outcomes

Increased well being

Children have expressed they are happier in class when they are more active

Children are more engaged and excited about learning

Supporting the needs of all learners

Many children need to move in order to help them retain knowledge

For more information visit:
www.taaf.co.uk/active-schools

