

Acting on intention

Connecting opportunities across the whole school to encourage pupils to be more physically active

Christ the King RC Primary School

Together
an Active
Future



What changed?

Environment

Working with the Soil Association – they have come in and looked at our gardening space – working with them to develop a programme that we will implement in the 2024/2025 academic year to be more active in this space.

Opportunities

Learnt from other schools and delivered staff training to share resources on Active Learning.

What led to the change?

Honesty

Gaining honest feedback from staff and acknowledging that the outdoor space available was not being used to its potential.

Staff Development

Having the time and opportunity to share information on Active lessons in staff meetings and gaining feedback.

"I like playing football, but sometimes it's nice to play other things too. Mrs O'Callaghan showed us some new games on the yard – I especially like 'rats and rabbits' "

Year 5 Pupil

Outcomes



Improved playtime offer

Year 5 have completed Play leader training and are now working with Year 1 and Year 2 children to structure playtimes and develop their Fundamental Movement Skills. Lunchtime staff have also received training on structuring break times to encourage more movement.



Active Lessons in Year 5

Rolled out Active Lessons in Year 5 with resources and learning is being shared with other staff members. Renovation of outdoor areas e.g new pathway to make the outdoor classroom more accessible in all weather will allow more use of the classroom.



Active Travel

The School Council have conducted a walking to school survey and planned a walking to school week where staff will stand on the surrounding streets to encourage those who drive to park further away and walk in.

"Children need to move to help their learning. The training gave staff some great ideas of how to incorporate movement into learning across the whole curriculum. I found it very helpful and easy to implement into class".

Year 1 Teacher

"I like doing 'Wake up Shake up' in class. It helps me to settle down before I write"

Year 2 Pupil



What next?

Ensure that the outdoor areas are safe for all weather conditions



Improve the activity levels of children during breaktimes with wider variety of activity



For more information visit:
www.taaf.co.uk/active-schools

