

# Introducing meaningful and stimulating active play across our play times

Avondale Primary School

Together  
an Active  
Future  
»»»»»



Avondale  
Primary School



PE & Sports  
provision  
achieved  
platinum  
school games  
mark



afPE  
Quality  
Mark  
with  
Distinction

However...

## Why it was needed?

Increase in  
negative  
behaviour  
in free time

Impacted  
classroom  
behaviour

Improved  
classroom  
teaching and  
learning



Only  
57%

of children are meeting guidelines  
of taking part in 60 minutes or more  
of physical activity per day at  
Avondale Primary School.

## What changed?

### Sports & Activity Ambassadors

Year 6 children are selected as Sports Ambassadors. Their role is to organise and manage a variety of lunchtime activities and games for their peers. This has also increased their own personal confidence and oracy skills.

### Policy

Physical activity policy was created - highlighting our expectations and aims for what the children were doing during their free time.

### Staff training

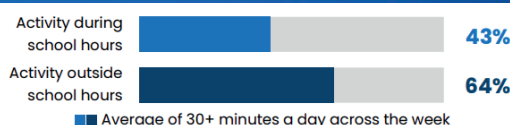
Regular training to staff and increased and boosted engagement, confidence and expectations.

Headteacher  
& SLT using insight  
and data to  
evidence need

PE leads &  
empowering  
staff

Our  
Avondale  
children pupil  
voice

## What led to the change?



I have absolutely loved being a play leader this year and I always look forward to running games for other children at lunch times! I have enjoyed helping others, making sure everyone is involved and most importantly, seeing them happy! Being a play leader has made me so much more confident and improved my oracy skills.

Mille Year 6

I can't believe how much more settled but ready to learn the children are after lunch time! Children are happier and more engaged in our lessons, resulting in fewer behaviour incidents and better quality learning and lessons! It's amazing!

Year 3 teacher

## Outcomes

- Children were more engaged after introducing structured and zoned play times, meaningful games and equipment.
- Support staff who were previously reluctant to change, saw the benefits after seeing the positive impacts in children's behaviour and engagement.
- Teachers reported that they saw behaviour improvements in the afternoon lessons and children appeared calmer and happier.
- Increased engagement and positive attitude in a variety of after school clubs - including girls and SEND children.
- Improvement in oracy skills from children around school.

## What next?

**Creating, introducing and embedding an active curriculum:** implementing energisers in the afternoon and physical movement in at least 1 lesson a week.

**Physical Activity Policy:** plan to use policy to further develop areas to include physical activity - including the monitoring of learning walks.

**Increasing active play in after school club:** implement purposeful and meaningful physical activity in after school club, which will also improve behaviour and well being through the purchase of new equipment, structured activity and staff training.



For more information visit:  
[www.taaf.co.uk/active-schools](http://www.taaf.co.uk/active-schools)

